

Meditation 1, Psalms 1 & 2

“The Lord Cherishes Those Who Walk In His Way”

“The LORD cherishes the way of the righteous.” Psalm 1:6

“Happy are all those who take refuge in the LORD.” Psalm 2:11

The writer of Psalms 1 and 2 lived in a world that in human terms was very much like our own. For sure life and human behavior was no better than it is now. If anything, people were probably harsher, less gracious and more dangerous to be around than most 21st century humans generally find ourselves being around. Whatever the evils of his day as compared to ours, the writer of these Psalms did not despair or grow cynical about life. He saw a great power for good working in the world. That power is the LORD who sits in the heavens and His Christ who would someday in the unknown future be sent to proclaim a better way for humans to live.

Writing of that coming, the Psalmist declared that no plot made against the LORD or His Christ would stand. He saw that God is on the side of the righteous and is in the business of blessing those who take refuge in Him. The same is true for us today. When we choose to live by faith and obedience to God’s will, we find ourselves in a blessed state of living – our spiritual glass is neither half full nor half empty – it is full to overflowing. (Psalm 23:5)

Prayer: “Dear Lord, you know the world is not right. Sometimes my response to what goes on is not right either. I want to be better than the world – I want to live according to your ways. Please forgive me my failures and help me put them behind them and never repeat them again.” Amen.

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